

THE 15 INVALUABLE LAWS OF GROWTH



LAW 1 — MEETING 1

The Law of Intentionality

Growth Doesn't Just Happen...

I. Personal Growth is not a natural process in most people's lives.

II. Growth Gap Traps

1. The Assumption Gap – “I assume that I will automatically grow.”
2. The Knowledge Gap – “I don't know how to grow.”
3. The Timing Gap – “It's not the right time to begin.”
4. The Mistake Gap – “I am afraid of making mistakes.”
5. The Perfection Gap – “I have to find the best way before I start.”
6. The Inspiration Gap – “I don't feel like doing it.”
7. The Comparison Gap – “Others are better than I am.”
8. The Expectation Gap – “I thought it would be easier than this.”

Preparation (growth) + Attitude +
Opportunity + Action (doing something about it) = Luck

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IV. MAKING THE TRANSITION TO INTENTIONAL GROWTH

A. Ask the Big Question Now

B. Do It Now

C. Face The Fear Factor

D. Change From Accidental To Intentional Growth

Accidental Growth						Intentional Growth				
0	1	2	3	4	5	6	7	8	9	10
Plans to start tomorrow						Insists on starting now				
Waits for growth to come						Takes responsibility to grow				
Learns only from mistakes						Learns before mistakes				
Depends on good luck						Relies on hard work				
Quits early and often						Perseveres long and hard				
Falls into bad habits						Fights for good habits				
Talks big						Follows through				
Plays it safe						Takes risks				
Thinks like a victim						Thinks like a learner				
Relies on talent						Relies on character				
Stops learning after graduation						Never stops learning				

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Applying the Law of Intentionality to your Life

Reviewing the Gaps, ask yourself which of these gaps has presented the greatest challenge for you?

1. **The Assumption Gap** – *I assume I will automatically grow*
2. **The Knowledge Gap** – *I don't know how to grow*
3. **The timing Gap** – *It's not the right time to grow*
4. **The Mistake Gap** – *I am afraid of growing*
5. **The Perfection Gap** – *I have to find the best way before I can start growing*
6. **The Inspiration Gap** – *I don't feel like growing*
7. **The Comparison Gap** – *Others are better than I am*
8. **The Expectation Gap** – *I thought it would be easier than this*

OVERCOME GROWING PAINS

(Specific Steps to Amazing Growth)

Want to really grow? Take some time and write out a growth plan to address each area above. And take the first step TODAY to grow.

Look at your calendar for the next year: Schedule specific, timed and focused growth plans. If you think you don't have to time to schedule something else, imagine what last year could have looked like if you had scheduled plans for growing.

Remember, growing is not a goal, but a life-long process that **MUST** start with being intentional. While scheduling growth time may seem simplistic, it **IS** the beginning of action intention.

Read the next chapter this week – *The Law of Awareness*