

Welcome to the CYW Journey! This journey is for anyone willing to learn and live good values, value other people, and collaborate with others. Here is what to expect:

## The Journey Begins with **Transformation Tables**

**Six weeks** of tables addressing universal values that have the potential to make us bigger on the *inside* than on the outside. Tables meet in person or virtually for **one hour each week**.



#### **Values Based Lessons**

- HOPE
- LISTENING
- VALUING EVERY PERSON
  - INTEGRITY
  - FORGIVENESS
  - MULTIPLICATION

#### **Action Based Lessons**

- THE LIFESTYLE OF SUCCESSFUL PEOPLE
- YOU CAN MAKE YOUR LIFE A GREAT STORY
  - PUTTING YOUR PURPOSE INTO ACTION
- EVERYDAY ESSENTIALS FOR SIGNIFICANCE
- WORKING TOGETHER TO MAKE A DIFFERENCE
  - CREATING A MEANINGFUL SCORECARD



# Continue the Journey with **Action Tables**

After completing Transformation Tables, join Action Tables! Following the same **six-week format (one hour per week)**, lessons in these tables shift the focus to moving collaboratively and strategically from good intentions to *good actions*.



## Unlock the **Transformation Toolbox**

Once both Transformation Tables and Action Tables have been completed, you will unlock access to a toolbox full of resources to help you design a unique Action Plan for changing your world!

### **FREQUENTLY ASKED QUESTIONS**

#### What is Change Your World?

Change Your World began with a book by John Maxwell and Rob Hoskins and has been further developed into a process, a platform and a movement. The thesis is that anyone willing to learn and live good values, value people and collaborate with them can change their world.

## How is this connected to the Change Your World book by John Maxwell and Rob Hoskins?

John and Rob share their decades of experience bringing transformation to communities in Change Your World. Millions of lives have been positively impacted and they distill the key principles necessary to bring about transformation. They talk about the value of values, collaboration and strategy and the content covered in the tables focuses on these key ingredients to transformation.

## What is a Transformation Tables Group?

Transformation Tables provide values-based leadership development content through a methodology that encourages self-reflection and consistent action. The goal is to experience personal transformation at a foundational level before trying to bring transformation to others.

# Is there a cost to be in a Transformation Tables Group?

There is no charge for participation in the Transformation Tables. Our goal is to make them accessible to as many people as possible to equip and inspire people to be the transformation they want to see.

#### What does being a Facilitator mean?

The facilitator plays an important role in the tables. S/he models the process, encourages participants and sets up the logistics.

## **Does the Facilitator get paid?**

Facilitators serve as volunteers and are not paid.

## Who will be in my Transformation Tables?

There are two types of groups. A private group is a group that you as a facilitator bring to the table. You will invite and register each member of the group. A public group is a made up of participants who have heard about the Change Your World movement and signed up on their own. These public groups will be assigned a facilitator who has completed the Facilitator Training.

### **FREQUENTLY ASKED QUESTIONS**

## Can I be in and facilitate a group at the same time?

Yes - but you cannot facilitate an Action Tables Group until having participated or facilitated in a Transformation Tables Group.

## Can I facilitate more than one group at a time?

Yes - you can lead up to three groups at a time.

# Do I have to read Change Your World to participate in a Transformation/Action Tables group?

Reading Change Your World is suggested as the starting point for the transformation journey. The book lays out the context for this initiative and outlines the process of values-based transformation through tables.

#### Can I invite friends to participate?

Absolutely! If there is a spot at the table in your group, you can invite a friend to join you up through the first lesson. Otherwise, you can invite a friend to join and encourage them to find the group that is best for them and their schedule. Additionally, if you have a group of people you would like to take through the Transformation Tables, you can sign up to be a Facilitator and invite them to be participants in your private group.

#### What is an Action Tables Group?

Action Tables are designed to help participants move from good intentions to good actions while being collaborative and strategic.

## Is there a cost to be in an Action Tables Group?

There is no charge for participation in the Action Tables. Our goal is to make them accessible to as many people as possible and equip them to take positive action intentionally.

#### What is an Action Plan?

We are inviting you to create your own Action Plan detailing what you want to do to change your world whether it be in your home, neighborhood, or community. It will include your desired outcome, necessary action steps and a timeline.

#### FREQUENTLY ASKED QUESTIONS

#### What is the toolbox?

The toolbox has been designed to help people learn a proven process for creating positive change. Tools, case studies, action plans, templates, and opportunities for next level coaching will be available.

# Why do I have to go through the Transformation Tables and the Action Tables to get to the toolbox?

Values are foundational to living out positive actions. We can see examples all around us of leadership that falls short because it is not grounded in universal, foundational values. Transformation Tables provide that foundation of values, as well as an opportunity experience personal transformation before trying to bring transformation to others. Action Tables are the key to learning how to take good actions. Many people have good intentions and some even take action, but without intentionality the action may not be smart or strategic. Participation in the Action Tables introduces a process that will lead to good actions.

## Is Change Your World a faith-based initiative?

Change Your World believes that anyone willing to learn and live good values, value people, and collaborate with them can change their world. It is not a faith-based movement, although people of all faiths who are willing to learn and live good values are invited to join us!