

# DISC 1-Day Team Seminar

**Mark McCatty, Inc.** will conduct a 1-day leadership training focused on building confidence and commitment from your team members to work together, to be fully trusting and trustworthy with each other, and to be the model of effective leadership to the rest of the facility's teams. We will use the DISC assessment as a tool to facilitate this training.

Using the DISC assessment, we will review individual leadership competencies using the results of the individual report. We will focus this part of the discussion on understanding and utilizing individual strengths. An effective team is one where each person's strengths compensate for the weaknesses of others. So, from there, we will review the team's DISC profile. Using the individual results, we will provide a profile/comparison of the team's collective results. We will look specifically for the unique areas of strength that the team possesses, and examine any potential blind spots, or areas that need the team's attention. The team will review their results and develop a set of actions for how they will operate collectively and collaboratively to accomplish their shared goals.

Throughout the day, we will explore effective and ineffective leadership styles, and the effect of these styles on the quality of results created. We will review and practice specific tactics for engaging in effective leader communications which will gain higher levels of commitment from others. Additionally, we'll review the team's DISC profile results and be prepared to present some specific leadership skill building exercises for your team to practice.



## DISC Team Training Deliverables:

- Focus on the importance of individual leadership and knowing yourself well
- Apply DISC knowledge to participation with the team, and in leading the larger facility team
- Address the culture of the team [using the combination of individual DISC results]
- Identify practices that will develop greater collaboration within the workforce
- Develop a t action plan that will identify leadership areas of value to focus on
- Each person will identify a specific action they will take to make more positive contributions

## DISC Benefits

<b>Boost team performance</b>	<b>Learn how you come across to others</b>
<b>Gain insights for coaching</b>	<b>Improve important relationships</b>
<b>Reduce stress (stress management)</b>	<b>Identify personality traits in others</b>
<b>Identify individual strengths</b>	<b>More successful relationships</b>
<b>Get better results with people</b>	<b>Develop effective people skills</b>
<b>Unlock leadership potential</b>	<b>Develop strategies for minimizing conflict</b>
<b>Improve team building</b>	<b>Identify positive traits of ANY person</b>