never let your fear decide your fate…

How many of us wanted to do something but were afraid to start?

Maybe it was working out but you didn’t start because that meant going to the gym and somebody might laugh.

I could list a thousand more things here that any one of us, including me could have done or at least started had it not been for fear deciding for us…

Believe it or not I have a fear of writing. Not the actual writing but the fear of writing and having it be bad. Very similar to not going to the gym because someone might laugh. You may be saying…yes but I’m reading what you wrote.

But my fear is having someone say what they read was horrible.
Fortunately most of the time I get past my fear of what I call “writing failure”.

If you just take a moment and are honest with yourself, you will find a number of things that you didn’t do because of fear. The fear of looking stupid, or being judged or even the fear of not knowing the outcome of something we want to do…learning to sing, write a book, swim across the English Channel or whatever it is that you didn’t do.

Everyone has the potential to achieve great things. I’m not saying that those great things will be creating world peace or finding a cure for a major disease. But one of us could do that if only we would push through our fears.

In baseball Babe Ruth was the home run king…but he was also the strikeout king. Don’t be afraid you might strikeout, you might many times.
But you can also hit a home run…

It’s a guarantee you that you will never hit every ball you don’t swing at…

So swing…and never let your fear decide your fate.